



**Ek Bharat Shrestha Bharat  
Palamuru University  
Mahabubnagar  
Telangana state**



Date: 19.06.2020

**National Level Online Quiz on YOGA**

The initiation has been granted permission by Registrar Prof. Pindi Pavan Kumar, Palamuru University and supported by Dr. M . Noorjahan, Principal, University PG College and all PG centres.

The Quiz is prepared by the Nodal Officer Dr S N Arjun Kumar and circulated in all the whats' app groups on 19<sup>th</sup> June 2020 and received 389 respondents (as on 22.06.2020) attempted quiz. The e-certificates has been issued to quiz takers who scored above 75%.

The Quiz is initiated to create awareness on Yoga and to ensure the preventive measures and increasing immune system during post lockdown nationwide. EBSB is aimed at exchanging cultures throughout the nation. As Covid 19 cases day by day increasing so to warn the citizens about the situation and suggesting or creating awareness on increasing immune system. A small iota of try from EBSB club Palamuru University in this pandemic situation.

**The few quiz takers are from other states like: AP, Tamil Nadu, Karnataka, Gujarat and Ranchi**

*Monitored by*

**Prof Pindi Pavan Kumar**  
Registrar  
Palamuru University

**Dr. M. Noorjahan**  
Principal  
University College, PU

*Prepared by:*

**Dr. S.N. Arjun Kumar**  
Nodal Officer  
Palamuru University



# PALAMURU UNIVERSITY

(Accredited with 'B' Grade by NAAC)

MAHABUBNAGAR, TELANGANA STATE

**Ek Bharat Shreshtha Bharat**

## Online National Level Quiz on Yoga

on the eve of International Yoga Day 2020.

*"Do Yoga Daily to increase your immune system for better life"*



### Chief Patron

Sri. Rahul Bojja, IAS, I/c. Vice Chancellor

### Patrons

Prof. Pindi Pavan Kumar, Registrar

Dr. D. Madhusudhan Reddy, OSD to VC

### Chairman

Dr. M. Noorjahan, Principal, University PG College

### Convener

Dr S N Arjun Kumar, Nodal Officer, EBSB



### PROCESS:

Please participate in quiz by using the link

<https://forms.gle/4winDs6XAHML2t9z8>

Starting Date: 19.06.2020 Ending Date: 22.06.2020

e-certificate will issued to all the participants who score above 75%. Daily 100 certificates will be issued by google. For more details contact:

ebsb4pu8mbr.ts@gmail.com

Stay Home, Stay Safe, **Do Yoga with Family, Stay Healthy**

Activate Windows  
Go to Settings to activate Windows.